READ NUMBERS 30:2

Holidays are a GREAT opportunity to show honor to the people you love. It’s also a chance to remember what other people mean to you, and how God has put them in your life for a reason. Challenge yourself to honor the people in your life by actually TELLING them why you’re thankful for them. Use this page to brainstorm.

You can also stop and thank God together for the way He keeps His promises. You know that He’s always with you, no matter what.

KNOW that God loves it when we keep our promises—AND when we recognize the promises of others.

THINK ABOUT IT:
1. What are you most thankful for right now? Can you see any promises that have come true?
2. How does it show honor to others (and to God) to take time to say “thank you”?
3. What kind of example can you set for others when you follow through on your promises like it says in this verse (Numbers 30:2)?

READ 2 SAMUEL 9:13

Answer the questions below about our Bible story from this week. If you need help, read 2 Samuel 9.

What was the promise David made?
Who was Mephibosheth?
Why did Mephibosheth need help?
How did David keep his promise to Jonathan?

It’s important for the people around you to see that they can trust you. This week, make sure to follow through with what you say you will do. Because you honor others when you keep your promises.

THANK God for David’s example as someone who showed honor by keeping his promises.

THINK ABOUT IT:
1. Can you think of a time when someone broke their promise to you?
2. Can you think of a time when someone made you a promise and then kept it?
3. Do you think anyone would have noticed if David had just forgotten about his promise to Jonathan? Why was it so important to David to remember Jonathan’s family?
**READ PROVERBS 20:25**

When you make a promise, you shouldn’t do it in a hasty, or fast, or thoughtless way. You should think first and be careful about the things you promise. Because you honor God when you keep your promises. Anyone can say a few words and forget them later. But you show God you love Him and that He’s important to you when you make a promise and follow through.

If you think about it, a promise is really just saying “yes” to God and really taking it seriously. Draw the letters “Y-E-S,” and then under each one, write down an area in your life where you need to say “yes” to God.

**ASK** God to help you honor Him by making thoughtful promises instead of careless ones.

**THINK ABOUT IT:**
1. Have you ever made a hasty promise to somebody and then regretted it?
2. Why are promises such a big deal?
3. What does God do if you make a promise to Him, but then mess up and break it? Does He hold it against you or does He forgive you?

**READ ECCLESIASTES 5:5**

Did someone make a promise to you this week? Maybe your friend said you could play on her tablet. Or maybe your Dad promised to take you outside to throw the ball after work. Did they keep their promise to you? It’s hard sometimes to follow through with the things we say we’ll do.

You can’t control the promises that other people make to you, but you CAN control the ones YOU make. That’s why it’s better to think about it before you say you will do something. If you can’t do it, then don’t make that promise in the first place. Because you honor others when you keep your promises.

Today’s verse is written below but there are two extra letters between each word. See if you can mark them out with an “x” to reveal today’s verse.

It’naisenotakgoodqltonbmakezxlkpromiseryandeunotiwkeepeyit. Itxyistbetersktowmakeghnowlpromisewiatmkal. Ecclesiastesns5ay:5

**LOOK** for opportunities to KEEP the promises you make.

**THINK ABOUT IT:**
1. Do you think we say the words, “I promise” too often? Why or why not?
2. Do you think it feels worse if someone promises something and then lets you down, or if they never promised it to begin with?
3. How does it show honor to someone when you follow through on something that you’ve promised?